

VELA-VITE®

Multivitamin, Multimineral with Amino Acids and Botanical Extracts

For Men and Women

➤ OFFERING ➤

A Powerful Multivitamin with the advantage of

Immunity Boosters

11 Vitamins

13 Minerals

10 Amino Acids

04 Botanical Extracts

38
ESSENTIAL
NUTRIENTS



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VELAVITE CONTAINS A POWERFUL
SCIENTIFICALLY DESIGNED COMBINATION
OF 38 IMPORTANT INGREDIENTS

11 VITAMINS

10 AMINO ACIDS

13 MINERALS

04 BOTANICAL EXTRACTS

Available on **amazon** & www.velanutra.com

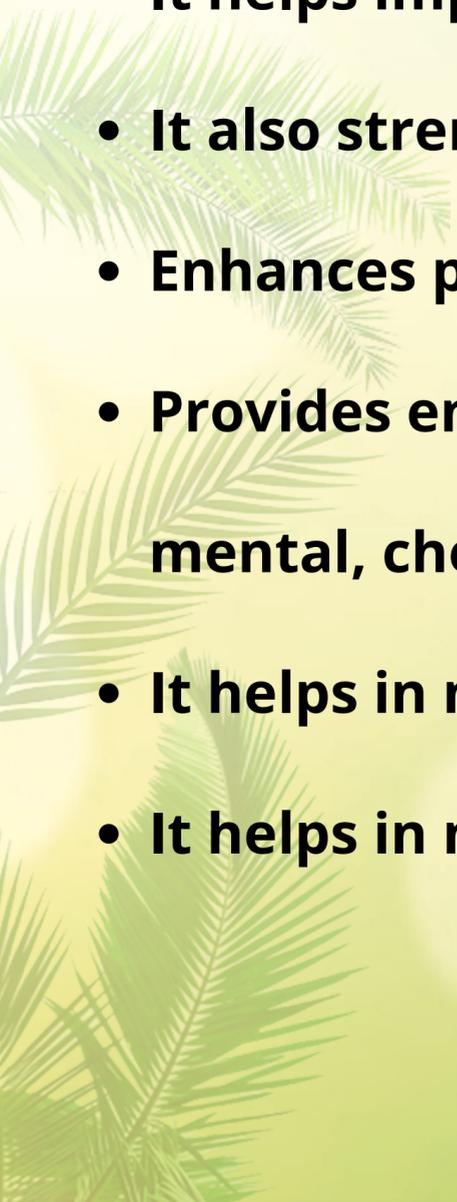
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ABOUT VELAVITE

VELAVITE Tablet is a powerful and scientifically designed combination of various vital Vitamins, Minerals, Amino acids, and Botanical Extracts

Through Its Powerful Formula:

- It helps improve Eye, Bone, and Joint health
 - It also strengthens the overall immune mechanism
 - Enhances physical and mental stamina
 - Provides endurance towards various stresses such as physical, mental, chemical, etc.
 - It helps in maintaining hormonal balance in the body
 - It helps in maintaining an overall good health
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For Men and Women

VITAMIN AND MINERAL PROFILE

Ingredients	Amount*
Vitamin A	600 mcg
Vitamin B1	1 mg
Vitamin B2	1.4 mg
Vitamin B3	16 mg
Vitamin B5	5 mg
Vitamin B6	2 mg
Vitamin B12	1 mcg
Folic Acid	100 mcg
Vitamin C	40 mg
Vitamin D	5 mcg
Vitamin E	8 mg

Ingredients	Amount*
Calcium	100 mg
Phosphorus	50 mg
Iron	17 mg
Zinc	12 mg
Magnesium	3 mg
Potassium	2 mg
Copper	0.5 mg
Manganese	0.5 mg
Iodine	100 mcg
Boron	150 mcg
Selenium	30 mcg
Chromium	25 mcg
Molybdenum	25 mcg

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VITAMIN AND MINERAL PROFILE

Vitamins and Minerals are necessary for optimal health, as each vitamin and mineral has a specific role in your body. Vitamins and minerals are vital for growth, immune function, brain development and many other important functions. Depending on their function, certain micronutrients also play a role in preventing and fighting disease.

Benifits of Vitamins:

- **Vitamin A-** Necessary for proper vision and organ function
- **Vitamin B1-** Helps convert nutrients into energy.
- **Vitamin B2-** Necessary for energy production, cell function, and fat metabolism.
- **Vitamin B3-** Drives the production of energy from food.
- **Vitamin B5-** Necessary for fatty acid synthesis.
- **Vitamin B6-** Helps your body release sugar from stored carbohydrates for energy and create red blood cells.
- **Vitamin B9-** Important for proper cell division.
- **Vitamin B12-** Necessary for red blood cell formation and proper nervous system and brain function.
- **Vitamin C-** Required for the creation of neurotransmitters and collagen, the main protein in your skin.
- **Vitamin D-** Promotes proper immune function and assists in calcium absorption and bone.
- **Vitamin E-** Assists immune function and acts as an antioxidant that protects cells from damage.

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Benefits of Minerals:

- Calcium:** Necessary for proper structure and function of bones and teeth. Assists in muscle function and blood vessel contraction.
- Phosphorus:** Part of bone and cell membrane structure.
- Magnesium:** Assists with over 300 enzyme reactions, including regulation of blood pressure.
- Potassium:** Electrolyte that maintains fluid status in cells and helps with nerve transmission and muscle function.
- Iron:** Helps provide oxygen to muscles and assists in the creation of certain hormones.
- Manganese:** Assists in carbohydrate, amino acid, and cholesterol metabolism.
- Copper:** Required for connective tissue formation, as well as normal brain and nervous system function.
- Zinc:** Necessary for normal growth, immune function, and wound healing.
- Iodine:** Assists in thyroid regulation.
- Selenium:** Important for thyroid health, reproduction, and defense against oxidative damage.
- Chromium:** Helps in improving insulin sensitivity and enhance protein, carbohydrate, and lipid metabolism.
- Boron:** Helps in building strong bones, treating osteoarthritis, as an aid for building muscles and increasing testosterone levels, and for improving thinking skills and muscle coordination.
- Molybdenum:** It activates enzymes that help break down harmful sulfites and prevent toxins from building up in the body.

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AMINO ACID PROFILE

Ingredients	Amount*
L- Leucine	13.45 mg
L- Arginine Hydrochloride	13.28 mg
L- Lysine Hydrochloride	11.07 mg
L- Phenylalanine	9.04 mg
L- Isoleucine	8.25 mg
L- Valine	7.91 mg
L- Threonine	6.38 mg
L- Histidine Hydrochloride	4.35 mg
DL- Methionine	2.2 mg
L- Tryptophan	2.03 mg

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AMINO ACID PROFILE

•**Lysine**- Plays a vital role in building muscle, maintaining bone strength, aiding recovery from injury or surgery, and regulating hormones, antibodies, and enzymes. It may also have antiviral effects.

•**Histidine**- Facilitates growth, the creation of blood cells, and tissue repair. It also helps maintain the special protective covering over nerve cells, which is called the myelin sheath.

•**Threonine**- Necessary for healthy skin and teeth, as it is a component in tooth enamel, collagen, and elastin. It helps aid fat metabolism and may be beneficial for people with indigestion, anxiety, and mild depression.

•**Methionine**- Plays a role in the health and flexibility of skin and hair. Methionine also helps keep nails strong. It aids the proper absorption of selenium and zinc and the removal of heavy metals, such as lead and mercury.

•**Valine**- Essential for mental focus, muscle coordination, and emotional calm. People may use valine supplements for muscle growth, tissue repair, and energy.

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AMINO ACID PROFILE

- **Isoleucine-** Helps with wound healing, immunity, blood sugar regulation, and hormone production. It is primarily present in muscle tissue and regulates energy levels.
- **Leucine-** Helps regulate blood sugar levels and aids the growth and repair of muscle and bone. It is also necessary for wound healing and the production of growth hormones.
- **Phenylalanine-** Helps the body use other amino acids as well as proteins and enzymes. The body converts phenylalanine to tyrosine, which is necessary for specific brain functions.
- **Tryptophan-** Necessary for proper growth in infants and is a precursor of serotonin and melatonin. Serotonin is a neurotransmitter that regulates appetite, sleep, mood, and pain. Melatonin also regulates sleep.
- **Arginine-** Helps improve blood flow in the arteries of the heart. That may improve symptoms of clogged arteries, chest pain or angina, and coronary artery disease.

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BOTANICAL EXTRACTS

Ingredients

Amount*

Ginseng

42.5 mg

Ashwagandha

100 mg

Curcumin

25 mg

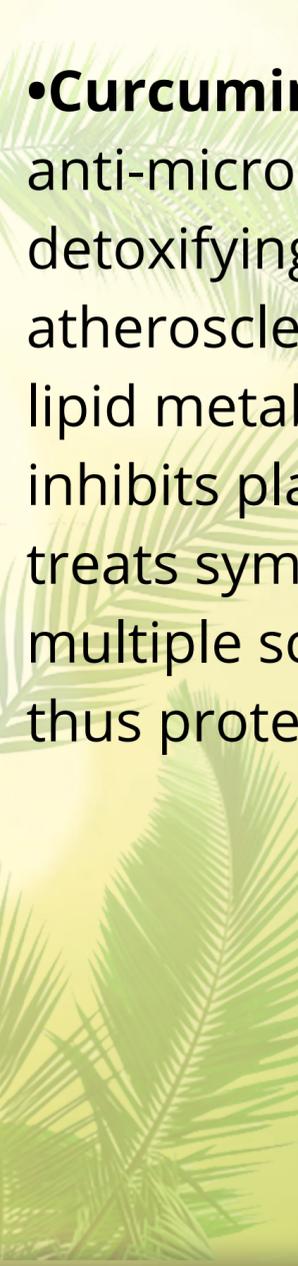
Tulsi

50 mg

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BOTANICAL EXTRACTS

- Ginseng**- Enhances physical stamina. It promotes vitality as well as increases resistance to stress and slows down aging.
 - Ashwagandha**- Enhances the function of the brain and nervous system thus improving memory and cognitive functions. It has anti-stress and anxiolytic properties that exert mood elevation and feelings of well-being. It improves the body's defense against disease by improving cell-mediated immunity. It also possesses potent antioxidant properties that help protect against cellular damage caused by free radicals.
 - Curcumin**- Proven to have many medicinal properties like anti-septic, anti-microbial, anti-inflammatory, anti-cough, anti-oxidant, liver detoxifying, anti-cholesterol, anti hyperglycemic, anti-atherosclerotic, immune-stimulant, wound healing & so on. It stimulates lipid metabolism thus preventing the accumulation of body fat. It also inhibits platelet aggregation and maintains good blood circulation. It treats symptoms associated with type II diabetes, rheumatoid arthritis, multiple sclerosis, and Alzheimer's. It also enhances general immunity thus protecting from allergic and respiratory disorders.
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BOTANICAL EXTRACTS

•**Tulsi**- Helps in dealing with physical, chemical, metabolic, and psychological stress. It Protects organs and tissues against chemical stress from pollutants and heavy metals. It helps in preventing physical stress from prolonged physical exertion. It reduces psychological stress through positive effects on memory and cognitive function. Strengthens the body's defense through its broad-spectrum antimicrobial activity. Treats conditions including anxiety, cough, asthma, allergy, diarrhea, dysentery, arthritis, eye diseases, otalgia, indigestion, hiccups, vomiting, gastric, cardiac, and genitourinary disorders, back pain, and skin diseases.



Ashwagandha



Curcumin



Ginseng



Tulsi

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For Men and Women

COMPOSITION

ENRICHED WITH ESSENTIAL VITAMINS, MINERALS, AMINO ACIDS & BOTANICAL EXTRACTS

Ingredients	Amount*	Ingredients	Amount*
Vitamin A	600 mcg	Iodine	100 mcg
Vitamin B1	1 mg	Boron	150 mcg
Vitamin B2	1.4 mg	Selenium	30 mcg
Vitamin B3	16 mg	Chromium	25 mcg
Vitamin B5	5 mg	Molybdenum	25 mcg
Vitamin B6	2 mg	L- Leucine	13.45 mg
Vitamin B12	1 mcg	L- Arginine Hydrochloride	13.28 mg
Folic Acid	100 mcg	L- Lysine Hydrochloride	11.07 mg
Vitamin C	40 mg	L- Phenylalanine	9.04 mg
Vitamin D	5 mcg	L-Isoleucine	8.25 mg
Vitamin E	8 mg	L- Valine	7.91 mg
Calcium	100 mg	L- Threonine	6.38 mg
Phosphorus	50 mg	L- Histidine Hydrochloride	4.35 mg
Iron	17 mg	DL-Methionine	2.2 mg
Zinc	12 mg	L-Tryptophan	2.03 mg
Magnesium	3 mg	<i>Panax ginseng</i> root Extract	90 mg
Potassium	2 mg	<i>Withania somnifera</i> (Ashwagandha) Extract	100 mg
Copper	0.5 mg	<i>Curcuma longa</i> (Turmeric) Extract	25 mg
Manganese	0.5 mg	<i>Ocimum sanctum</i> (Tulsi) Extract	100 mg

*Approximate Values | Appropriate overages of Vitamins added to compensate loss on storage

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Enriched With

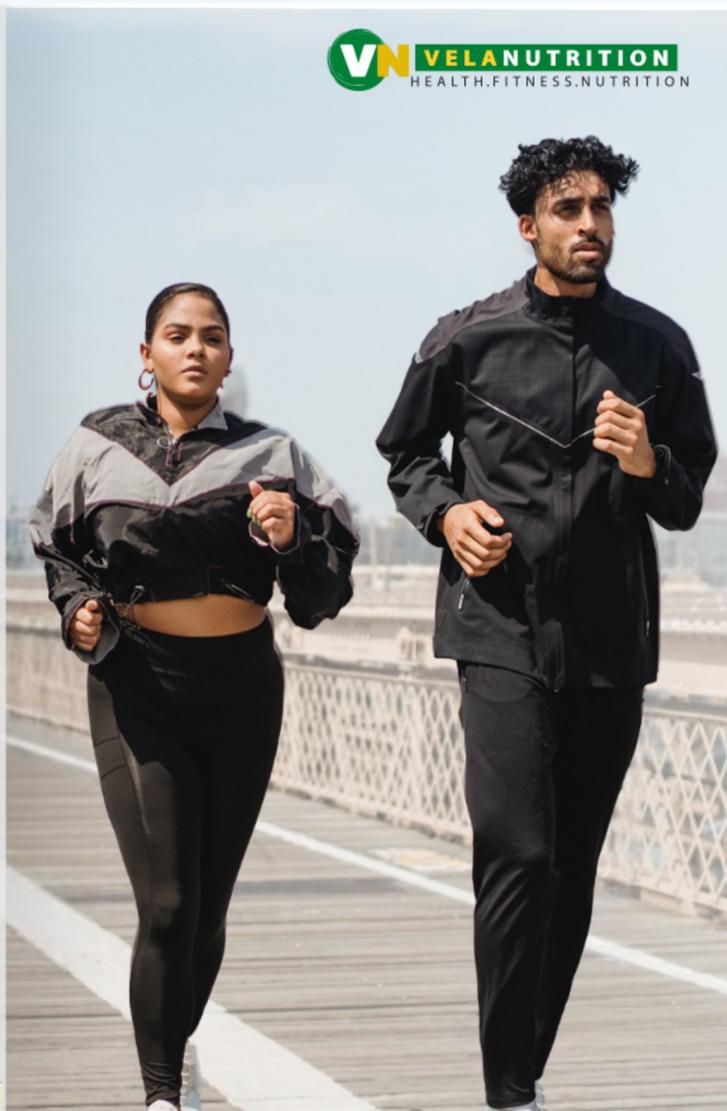
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**The Powerful Vitalizer
for a Healthy Body
and Mind**

Presenting
VELA-VITE[®]
Multivitamin, Multimineral with Amino Acids and Botanical Extracts For Men and Women

Offering Various Health Benefits

- | | | | |
|---|--|---|---|
| Bone Health
 | Eye Health
 | Oral Health
 | Energy & Stamina
 |
| Immune Support
 | Active Mind
 | Healthy Skin
 | General Wellness
 |



**The Powerful Vitalizer
for a Healthy Body
and Mind**